



SEATTLE PICKS™

life + style to you: *every Friday*

June 8, 2007

Professional Pursuit of Happiness

We love our job, but sometimes even the most aspiring professional gets stuck in a career rut. That's why we turned to the business book section for some guidance. We found local author Lisa Quast's book, "Your Career, Your Way: Professional Strategies to Achieve Your Career Aspirations," which provides more than just advice for breaking out of your rut, it offers a plan.

Moreover, it offers "homework" to ensure that you'll really create and execute your plan. We hope to reap the benefits for a lifetime.

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