

Self-evaluation: Take it seriously!

Posted on [September 7, 2014](#) by [Paul](#)

The author of the award-winning book 'Your career, your way!', Lisa Quast gives advices on career development. She suggests that people pay too little attention to **self-evaluation** and that has a negative effect on performance appraisal process.

Here are the tips by Lisa Quast for taking most of the self-evaluation:

1. Carve out "me" time to contemplate your career – take the test out of work hours when you are energetic and clear-minded
2. Honestly consider your strength and weaknesses – go in depth, consider feedbacks you have received from other and areas of struggles
3. Think about where you'd like to be in five years
4. Research what it will take to be successful – consider the knowledge, skills, education and experience necessary
5. Determine your gaps and create a development plan

Read the full article by Lisa Quast in [Forbes](#)

